



# MDA Newsletter

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## Madras Dyslexia Association

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#### 3-day Workshop in May

Open to parents, special educators, teachers and tutors. Focusing more on remedial strategies and in Tamil.

6-day Mainstream Teacher Training starts on 25-4-2014

Contact office for more details.

**In continuation of Dr. Nandini Mundkar's presentation on "Enhancing attention and listening skills" at Samyukth 2013 we have here a few excerpts:**

#### Impact of Media on Children:

Television is the worst enemy your child can have. It is said below 2 years the wiring in the brain is affected by TV. The damage shows at 7 years of age but doesn't show at that time when your child is really impacted with the television viewing.

When we unfold our world we do it with our experience.

Exposing the developing brain to TV, shows that there is permanent damage in the wiring of the brain itself. What is the damage? What is the importance?

When the television, the visuals, the pictures come and go you process that information, but when you have to read and learn, you need the brain to have a slower process. We don't want such rapidity, because it doesn't go into the depth of information. We need the brain to do both slowly and that's what children don't get wired at when they watch too much of television. Their listening skill comes down and so too their depth processing and everybody struggles with this.

#### Babies' Brain grow rapidly

Even a child playing with its own fingers has the neural patterning that comes from bending, flexing, stretching and grasping. Scientists tell us

#### IMPACT OF MEDIA ON CHILDREN

TV watching "rewires" an infant's brain, says Dr. Dimitri. The damage shows up at age 7 when children have difficulty paying attention in school.

"In contrast to the way real life unfolds and is experienced by young children, the pace of TV is greatly sped up. Exposing a baby's developing brain to videos may over stimulate it, causing permanent changes in developing neural pathways.

"Also in question is whether the insistent noise of television in the home may interfere with the development of inner speech

